



THE ISLAND WELLNESS CLUB & SPA



Welcome to The Island Wellness Club & Spa

At the heart of the club you will find the Wellness Hub and reception team, who can answer questions and help book classes and activities for you and your children.

We are delighted that as part of your stay you will receive complimentary usage of our beautiful heated indoor pool. You are also entitled to complimentary use of the gym, this is subject to a £10.00 Wellness Assessment which must be undertaken prior to using the gym. We offer a full programme of paid for classes and activities.

You can book exercise classes 3 days in advance.

To book facilities, classes or activities please call 01983 766222



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Equipment and Court Hire Price List

| Court Hire (1 hour) | Members/Owners | Holiday Guests |
|------------------------|----------------|----------------|
| Tennis Court (outdoor) | Complimentary | £12.50 |
| Short Tennis Court | Complimentary | £7.00 |
| Squash Court | Complimentary | £7.00 |
| Racketball Court | Complimentary | £7.00 |
| Badminton Court | Complimentary | £7.00 |
| Table Tennis Court | Complimentary | £4.00 |

| Equipment Hire (1 hour Per Racket) | Members/Owners | Holiday Guests |
|------------------------------------|----------------|----------------|
| Badminton Racket | Complimentary | £2.00 |
| Short Tennis Racket | Complimentary | £2.00 |
| Squash Racket | Complimentary | £2.00 |
| Racketball Racket | Complimentary | £2.00 |
| Tennis Racket | Complimentary | £2.00 |
| Table Tennis Bat | Complimentary | £1.00 |
| Mistreated/Broken Equipment | £15.00 | £15.00 |

| Equipment Retail | Members/Owners | Holiday Guests |
|--|----------------|----------------|
| Swimming Towel | Complimentary | £6.00 |
| Mavis 10 Shuttlecock (Tube of 3) | £4.00 | £4.00 |
| Slazenger Short Tennis Ball | £3.00 | £3.00 |
| Dunlop Pro Racketball Ball | £2.50 | £2.50 |
| Mantis Tour Squash Ball | £2.50 | £2.50 |
| Mantis Pro Tennis Balls (Tube of 3) | £5.00 | £5.00 |
| Dunlop 2 Star Table Tennis (Pack of 3) | £2.50 | £2.50 |
| Adult Speedo Swim Goggles | £6.00 | £6.00 |
| Junior Speedo Swim Goggles | £5.00 | £5.00 |
| Sea Squad Armbands | £7.00 | £7.00 |

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