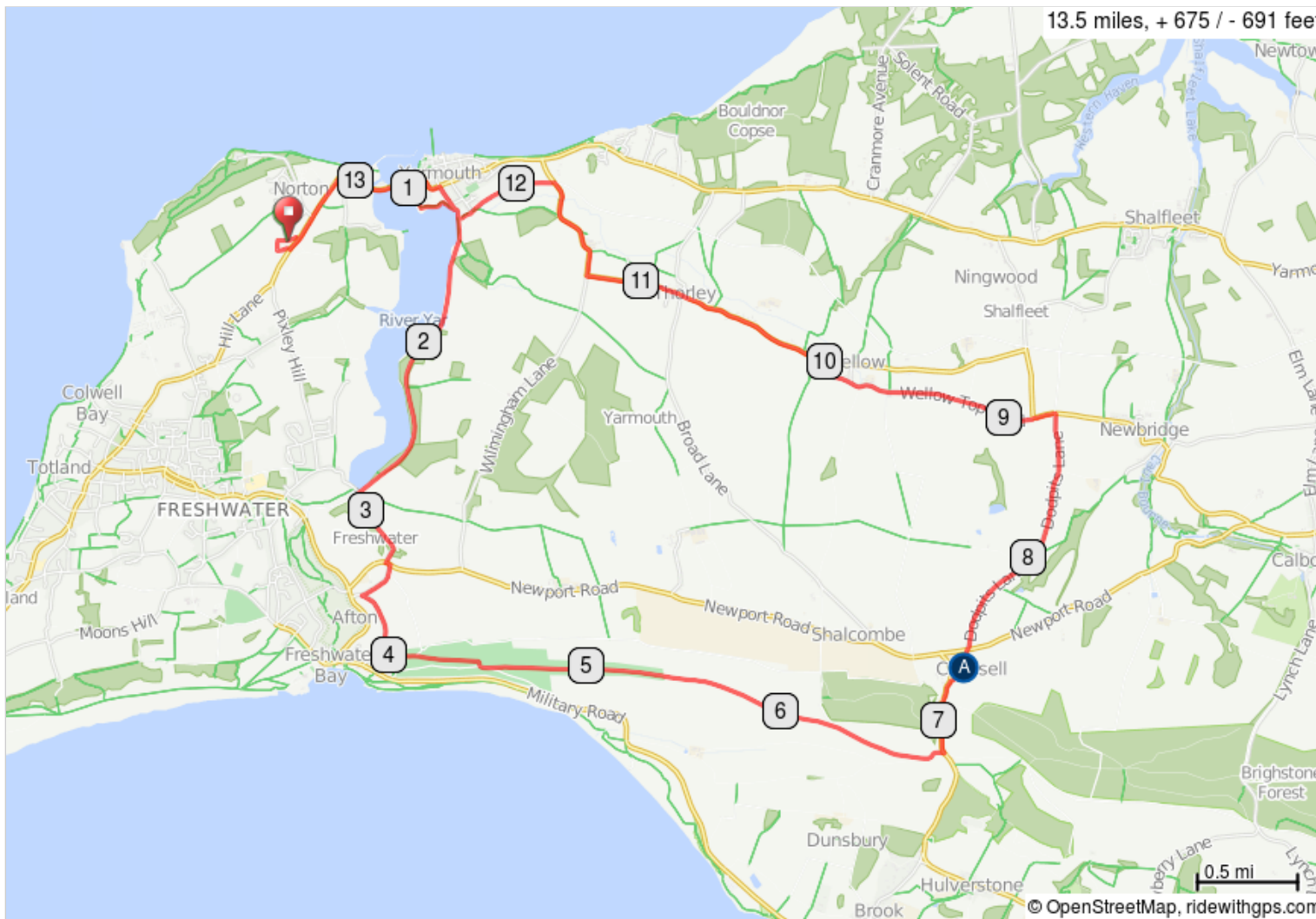


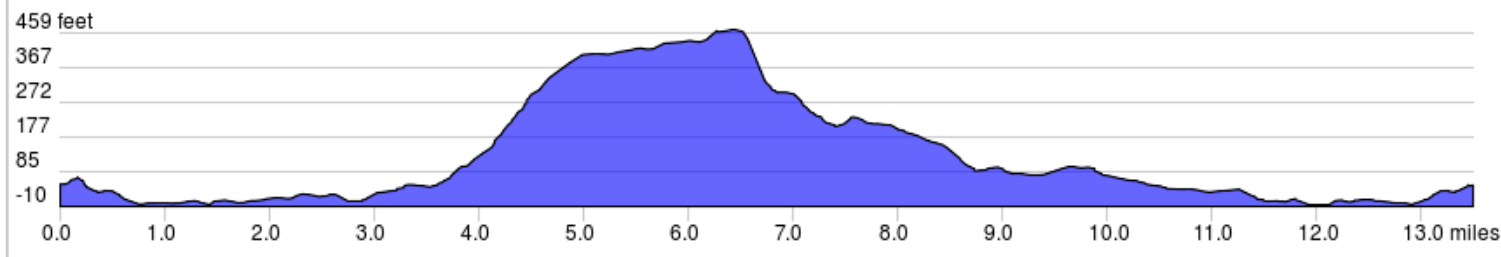
## 13.5 Miles - Tennyson Trail Loop Reversed (Red Grading)



This 13.5 Mile route is the reverse of the Tennyson Trail Loop and is mainly on cycleway and country lanes with majestic views over the Solent and the south west coast of the island from on top of the downs.

This route starts off fairly easy with a flat cycle along the cycle path to Freshwater Bay. From 4 miles in, the route starts to get more challenging with a long and slow climb up over Freshwater Golf Course (Please keep to the path).

Once at the top, at around 6.5 miles, care must be taken as you descend down a steep and rutted path which may be testing in places. After which, you will make your way back to Yarmouth, past Chessell Pottery, onto the cycle path and back to the West Bay Club.



A. [Chessell Pottery](#)

13.5 Miles - Tennyson Trail Loop Reversed (Red Grading)

1.	0.0	0.0	▶	Start of route
2.	0.1	0.1	▶	Starting at the West Bay Club, follow one way system to site exit
3.	0.2	0.1	←	L onto Halletts Shute/A3054, take care when exiting from traffic coming down the hill to your R
4.	0.9	0.7	↑	Continue onto Yar Bridge (Swing), A3054
5.	0.9	0.1	→	Once over bridge, carefully exit road to the R making way to path in front of Yarmouth Sailing Club.
6.	1.3	0.4	↑	Continue onto Y1
7.	1.4	0.1	→	slight R onto Freshwater to Yarmouth cycle path
8.	1.6	0.2	↑	Continue onto Freshwater, Yarmouth & Newport Railway
9.	2.9	1.3	←	sharp L onto The Causeway
10.	3.3	0.4	←	sharp L onto Newport Road, B3399, busy junction, take care

3.3 miles. +110/-116 feet

23.	10.0	1.1	←	L onto B3401
24.	10.4	0.4	↑	Continue onto Thorley Street, B3401
25.	11.3	0.9	→	R onto Thorley Road, B3401
26.	11.7	0.4	↑	Continue onto Thorley Bridge, B3401
27.	11.7	0.0	↑	Continue onto Thorley Road, B3401
28.	11.8	0.1	←	slight L onto Freshwater to Yarmouth cyclepath
29.	12.3	0.4	☕	Off the Rails cafe for light refreshments
30.	12.3	0.0	↑	Continue onto Freshwater to Yarmouth cyclepath
31.	12.3	0.0	→	slight R
32.	12.4	0.1	↑	Continue onto Mill Rd
33.	12.5	0.1	←	L onto River Rd/A3054
34.	12.7	0.1	↑	At the roundabout, 1st exit onto A3054

3.8 miles. +32/-106 feet

11.	3.3	0.0	→	R onto Manor Road
12.	3.5	0.2	←	Sharp L onto Southdown Rd
13.	3.9	0.4	←	L onto Freshwater Golf Course, please stay on path
14.	5.9	2.0	↑	Continue onto Tennyson Trail
15.	6.4	0.5	⚠	Steep down hill section on rutted terrain. Please take care when descending.
16.	6.8	0.3	←	slight L onto Tennyson Trail, S26
17.	6.9	0.1	←	sharp L onto B3399
18.	7.2	0.4	→	slight R onto Brook Road
19.	7.3	0.1	☕	Chessell Pottery for light refreshments
20.	7.4	0.1	↑	Go straight over junction onto Dodpits Lane
21.	8.8	1.3	←	L onto Main Road, B3401
22.	8.9	0.1	←	slight L onto Wellow Top Road

5.6 miles. +461/-421 feet

35.	13.5	0.8	→	R into the West Bay Club, be careful of oncoming traffic. You have now finished, we hope you enjoyed the ride
36.	13.5	0.0	▶	End of route

0.9 miles. +1/-1 feet